



# FAMILY QUEST

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**Name of space:** Campus Recreation

**Location:** Bear Down Building (1st floor)

**Map Location:** Teal Blue # 6

**Hours of Operation:** Monday- Friday, 8:00 am - 10:00 pm

**Description:**

Campus Recreation has three facilities available to our students and staff- South Rec, North Rec and Bear Down Rec. Open seven days a week, you'll find all the individual workout and group classes imaginable in a safe and friendly environment, where the equipment is sanitized every 3 - 4 hours and our staff is here to help. Make Campus Rec a part of your day. A fun fact, students can rent equipment for outdoor activities that include camping, hiking, backpacking, mountain biking, and water activities. All of this can be found on their website!